



Chicken Sandwich

The plum delicious flavor of Fruit-Eze™ fruit blend enhances this classic sandwich.

Sandwich Spread

Combine:

2 Tblsp Fruit-Eze™
Fresh Ground Pepper
1/4 tsp Onion powder
1/8 tsp Marjoram
1/2 tsp Brown Mustard
1 Tblsp Mayonnaise
(or 1 Tblsp Olive Oil)



Get Going... Naturally™ with
Doctor recommended
Fruit-Eze™
pure fruit regularity blend.



To Order: www.fruiteze.com
Call Toll Free: 1-888-Regular
1-888-734-8527

Directions

Yield: One Sandwich

Apply the sandwich spread to the bread. Add sliced provolone, and chicken meat. Include basil leaves, spinach, lettuce or mesclun salad greens, onion, pickle, and tomato as desired.

For a tropical twist, add sliced mango or papaya in place of the tomato. Omit the marjoram and add 1/2 tsp of soy sauce and a pinch of ginger to the sandwich spread.

One whole sandwich provides one adult with one daily serving of Fruit-Eze™ fruit blend (two tablespoons). You can adjust the amount of Fruit-Eze™ used.

Recipe © 2008 Fruit-Eze™, Inc.